



26TH ANNUAL US CENTRAL OPEN TAEKWONDO CHAMPIONSHIP

**PRESENTED BY:**

Grand Master Won's Taekwondo

SPONSORED BY:

U.S. Central Taekwondo Association
U.S. Taekwondo Han Moo Kwan Federation
International Hapkido Federation

TOURNAMENT DIRECTORS:

Great Grand Master In Hui Won

ASSISTANT DIRECTORS:

Grand Master: John Carpenter, Hak Jin Kim
Richard Vasquez, Anthony Boyle
Master: Cynthia Like, Charlie Willis, Greg Love,
Raymond Salas, Lyndi Salas, Doug Austin,
Daniel Synder, Michael peeler

LOCATION:

Del City High School Field House
1900 S. Sunnyside Rd. Del City, OK 73115

DATE:

August 5, 2017

SCHEDULE:

7:00am – Registration Begins
8:00am – All ages & Belts Special Events
10:00am – Opening Ceremonies & Demo
10:30am – All Ages and Belts Forms
12:30pm-1:30pm – Lunch
1:30pm – ages 4-13Sparring
3:30 – 14+ yrs. Sparring

*Times are subjected to change by plus or minus one hour.

ENTRY FEE:

Pre-Registration received by: August 2, 2017
\$70.00 for one event
\$10.00 for second event
\$25.00 for each additional event
Late Fee: \$20.00 at the door

ADMISSION:

Adults: \$8.00 Ages 5-12 yrs. & 60 yrs. & up: \$5.00
4yrs & under: Free.

FOR INFORMATION

GRAND MASTER WON'S TAEKWONDO
10801 S. Sunnyside Oklahoma City, OK 73160
Tel: (405) 793-0752 Fax: (405) 794-0768
<http://www.gmwons.com> Gmwons@gmail.com

FORMS & SPARRING DIVISION ALL RINGS WILL BE USING ELECTRONIC SCORING SYSTEM

Men (18-29)

Black
Red & Brown
Blue & Purple
Green
Yellow & Orange
White

Women (18-29)

Black
Red & Brown
Blue & Purple
Green
Yellow & Orange
White

Senior Men (30-39)

Black
Red & Brown
Blue & Purple
Green
Yellow & Orange
White

Senior Women (30-39)

Black
Red & Brown
Blue & Purple
Green
Yellow & Orange
White

Executive Senior

Men (40+) Women (40+)
Black
Red & Brown
Blue & Purple
Green
Yellow & Orange
White

Junior (16-17)

Black
Red & Brown
Blue & Purple
Green
Yellow & Orange
White

Junior (14-15)

Black
Red & Brown
Blue & Purple
Green
Yellow & Orange
White

Junior (12-13)

Black
Red & Brown
Blue & Purple
Green
Yellow & Orange
White

PeeWee (10-11)

Black
Red & Brown
Blue & Purple
Green
Yellow & Orange
White

PeeWee (8-9)

Black
Red & Brown
Blue & Purple
Green
Yellow & Orange
White

Tots (6-7)

Black
Red & Brown
Blue & Purple
Green
Yellow & Orange
White

Tots (4-5)

Black
Red & Brown
Blue & Purple
Green
Yellow & Orange
White

Special Events**1. Hapkido**

- A. Self Defence (6 Techniques)
- B. Long Falling Competition
- C. High Falling Competition

2. Breaking**A. Power****B. Technical****Scoring Criteria**

- a. Difficulty of Technique will be based on the following order of superiority: hand technique standing kick technique, jump kick technique, kicking technique with spinning motion, jump kick with spinning motion, multiple breaking jump kick, multiple spinning jump kick.
- b. Difficulty of breaking will also be based on the number of boards
- c. Technique will be based on Accuracy, Speed, and Power
- d. The maximum time to complete the performance is 1 min
- e. The maximum number of tries is 2 times

***No breaking glass or concrete, BOARDS ONLY.**

All boards may be purchased at the door. Please bring volunteer board holders

3. Forms

- A. Creative B. Couples
- C. Team Forms (3 competitors or more)

4. Weapons**5. One, Two, or Three-step Sparring****6. Special Needs: Forms, Breaking, and Weapons****AWARDS:**

Forms Fighting & Special Event:

1st, 2nd, and two 3rd place receive a newly designed trophy

Max: Four Competitors per division

COMPETITION RULES:

World Taekwondo Federation and USA Taekwondo

ELIMINATIONS:

All color belt and 11 yrs. & under black belts, 2 rounds (1 min. each)

Black belts 12 yrs. & up, 2 rounds (1.5 min. each)

SPECIAL TEAM AWARDS:

Top 10 schools with the most competitors (minimum 10 competitors) will receive a Team Trophy

SPECIAL NOTICES:

1. All referees, judges, Masters and main instructors of each school will receive a special award.
2. Coach fees will be waived for Head Masters and Instructors. \$25 dollar fee for additional coaches.
3. For every 10 competitors per school you will receive 1 coach pass free of charge.
4. Lunch & dinner will be provided to all Officials and Volunteers.
5. Master/Instructors will be reimbursed for the hotel specifically reserved for the tournament. (6+ competitors = 1 night/ 11+ competitors = 2 nights)

EQUIPMENT REQUIREMENTS:

1. Fist, forearm, shin & instep.
 2. Protective cup (males)
 3. Mouthpiece (all fighting competitors)
 4. Chest protector and head gear
- *all equipment and boards may be purchased at the door

HOTEL ACCOMODATIONS:**THE MAGNUSON HOTEL (405) 631-3321**

(next to Crossroads Shopping Mall)
6800 S. I-35 Oklahoma City, OK 73149
\$60 per night plus tax (includes continental breakfast)

HAWTHORN SUITES BY WYNDHAM (405) 737-7777

5701 Tinker Diagonal
Midwest City, OK 73110
\$89 per night plus tax (includes continental breakfast)

Notes

1. All Taekwondo forms will be acceptable in form competition (max 4 competitor/ division)
2. All other martial art forms will compete in creative forms
3. Forms and Fighting division may be combined with one rank/age higher or lower if there are less than four competitors in a division.
4. Fighting divisions will be divided by weight (max 4 competitor/ division)
5. Black Belts for division will perform their own Poomsae
6. Special event materials must be provided by the competitors or purchased at the door.
7. Electronic Scoring system will be provided for all rings.